

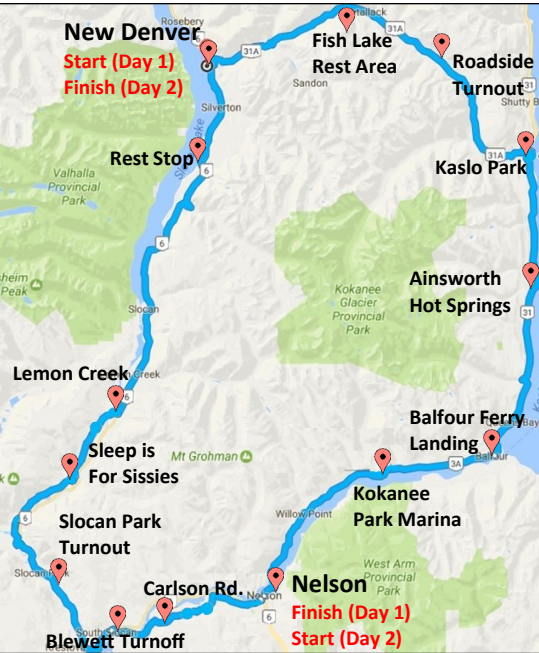
**2017 MS Bike
West Kootenay Challenge**



SELKIRK PAVING
DIV. OF INTERROUTE CONSTRUCTION LTD.
PASSPORT

**Thank you to our route partners
for keeping our riders safe:**

- ◆ Selkirk Paving
- ◆ Nelson Police Dept
- ◆ City of Nelson
- ◆ YRB
- ◆ RCMP
- ◆ Village of New Denver
- ◆ Ministry of Transportation & Infrastructure



MS BIKE
**West Kootenay
Challenge**
222km—2 Days



6th Annual MS Bike West Kootenay Challenge - Route Details

DAY 1 START: NEW DENVER GREER PARK - Begin at the foot of 6th Ave. Traveling up 6 Ave. turn right on Union Street/ Hwy 6.
A: REST AREA (11KM) Kootenay Savings Credit Union
 Take a break at this refreshment station with **bathrooms** (next one is 27 km).
B LEMON CREEK (27KM) Rotary Daybreak
 Continue on Hwy 6 to this refreshment station with **bathrooms**. After Lemon Creek, turn right onto Perrys Back Rd. which becomes Slocan River Rd. Turn left onto Winlaw Bridge Rd., right at the yield sign and follow the road to Hwy 6, turn right at Hwy 6, and head for lunch.
C: SLEEP IS FOR SISSIES (15KM)
 Lunch stop with **bathrooms**. Please make sure to check-in with our volunteers. When you're done lunch, follow the route back across the Winlaw Bridge, turn left onto Slocan River Rd., which becomes Little Slocan River Rd. Turn left onto Passmore Lower Rd., cross the bridge and follow Passmore Upper Rd. to Hwy 6 and turn right.
D: SLOCAN PARK TURNOUT (12KM) Gerick Cycle & Ski
 Refreshment station **without bathrooms**. When you leave here, follow Hwy 6 and in 9km turn left at the junction with Hwy 3A, and head towards Nelson.
E: BLEWETT ROAD TURNOFF (16KM) Heart & Soul Tae Kwon Do
 Enjoy this refreshment station **without bathrooms**. Continue on Blewett Rd., and cross the Kootenay Canal, over 49 Creek bridge, to the top of the hill!
F: CARLSON ROAD (6KM) EZ Rock
 Rest your legs at this refreshment station **without bathrooms**. Stay on Blewett Rd., then turn right onto Granite Rd., right at Hwy 6, under the overpass and through the 4-way stop onto Vernon St. Turn left on Cedar St. along Edgewood Ave. to High St., which becomes Nelson Ave. Turn left at the Dairy Queen on Kokanee Ave., right on Second St., and head into Lakeside Park's main entrance and you're done!
STOP: NELSON LAKESIDE ROTARY PARK (17KM) Juice FM & 99.3 The Goat

FINISHLINE SPONSOR: ATCO Wood Products
 That's it for today! Join us at the Rotary Shelter at 4:30 pm for the **Save-On Celebration** with dinner and entertainment.
DAY 2 RESUME: NELSON LAKESIDE ROTARY PARK
 Make your way under the orange bridge, turn right onto Third St., right on Kokanee Ave., and right onto Nelson Ave./Hwy 3A and go over BOB (Big Orange Bridge), continuing on Hwy 3A.
H: KOKANEE PARK MARINA (21KM) Heart & Soul Tae Kwon Do
 Stop and grab a refreshment at this rest stop with **bathrooms**. Stay on Hwy 3A.
I: BALFOUR FERRY LANDING (12KM) Flexy's Fresh Fruit & Gerick Cycle & Ski
 Enjoy this refreshment station with **bathrooms**. Don't go on the ferry! Take Hwy 31 up to Ainsworth.
J: AINSWORTH HOT SPRINGS (15KM) Road Kings Car Club
 Enjoy the view at this refreshment station with **bathrooms**. Stay on Hwy 31 and head up to Kaslo for lunch.
K: KASLO MUNICIPAL PARK (20 KM) CGIS The World's Best Valves
 Lunch! Oh yeah! With **bathrooms**. Follow Hwy 31 into Kaslo across the 4th St bridge, turn right onto D Ave, left onto 2nd St. Stop for lunch at the gazebo in Vimy Park. Continue on 2nd St to Front St., turn left at Front St, then left at 5th St, and right at A Ave. Turn left at Washington St. to continue on Hwy 31A.
L: ROADSIDE TURNOUT (16KM) EZ Rock
 Take a break before continue on Hwy 31 A to this rest stop **without bathrooms**.
M: FISH LAKE REST AREA (16KM)
 Grab one last snack at this stop with **bathrooms**. When you leave here stay on Hwy 31A. Go past the Sandon Rd. turn-off, and down to New Denver...
FINISH: NEW DENVER GREER PARK (19KM) ATCO Wood Products

Rest Stop A Kootenay Savings	Rest Stop B Rotary Daybreak	Lunch C Sleep is For Sissies	Rest Stop D Gerick Cycle & Ski	Rest Stop E Heart & Soul Tae Kwon Do
Rest Stop F EZ Rock	Stop G Juice FM & The Goat ATCO Wood Products	Rest Stop H Heart & Soul Tae Kwon Do	Rest Stop I Flexy's & Gerick Cycle	Rest Stop J Road Kings Car Club
Lunch K CGIS	Rest Stop L EZ Rock	Rest Stop M Fish Lake	FINISH LINE SPONSOR ATCO Wood Products	