

DURING EVENT DETAILS

Q: Is the Tour a race, and are there prizes?

A: The tour is not considered a race, it is not a timed event and we do not offer placement prizes. We encourage cyclists to treat the Tour as a journey and enjoy the weekend with your fellow cyclists.

Q: If I am unable to ride the tour can someone ride in my place?

A: No, unfortunately you cannot find a replacement cyclist to ride in your place. Registration is non-refundable and non-transferrable.

Q: What kind of support do I receive along the way?

A: The Tour is a fully supported route! We offer multiple rest stops approximately every 10-20 km along the way. Rest stops include refreshments, snacks, lunch and washroom facilities. We offer medical support (trained professional medical personnel available at the Gimli Recreation Centre, and along the route), bike marshals (cyclists who offer assistance along the route and monitor cyclist safety), SAG vehicles (pick up cyclists who cannot finish the tour, or need a break from cycling) and our mobile Bike Shops for any cyclists with mechanical issues.

Q: Can friends and family watch along the way?

A: Yes, friends and family are welcome to support you along the way. They are welcome to watch at the start/finish line in Gimli and rest stops along the route.

Q: Do I need to bring my own food?

A: We provide food for the whole tour; we offer a light breakfast for both Saturday and Sunday, snacks and lunch along the route both days, dinner on Saturday evening and a celebration BBQ Sunday. However, you may choose to bring your own snacks if you are needing specific items. We do our best to accommodate dietary restrictions but strongly recommend you bring your own food if you are on a restricted diet. Contact info.manitoba@mssociety.ca if you have further questions or have specific dietary restrictions that you need for the Saturday night dinner.

Q: What do I do if I can no longer ride?

A: SAG vehicles pick up cyclists who cannot finish the tour, or need a break from cycling. Cyclists will be taken to the next checkpoint along the route. Snag a SAG by safely getting off your bike and holding your helmet up in the air.

Q: If I do not complete the Tour can I still attend the dinner?

A. Yes, you are welcome to join in on the festivities.

DURING EVENT DETAILS

Q: Once I am finished riding how should I spend my afternoon?

A: Once you get your accommodations sorted (set up your tent, settle into your RV, check into your hotel or set-up your sleeping bag at the Early Years School gymnasium), please come back to the Gimli Recreation Centre to join the celebration! Massages will be available until 5pm and will be set up in the Ice Rink part of the Centre. You can also tour beautiful Gimli, visit the waterfront or go shopping!

Q: How does my team get a spot in Team Village?

A: Teams who raise \$10,000 or more, from the previous year are pre-assigned spots in the Village.

Q: What is the Spokes party?

A: The Spokes party is an event that occurs prior to dinner on Saturday evening in the Lounge above the area to celebrate the efforts of Sponsors, Team Captains, Top Fundraisers and Rookie Riders.

Q: Do I need to be at the Gimli Recreation Centre for a certain time?

A: The doors open for dinner at 5:00pm and dinner is served at 5:30, followed by a short program. We encourage all cyclists to attend. For the dinner, please let the MS Society office know that you will be attending.

Q: Can friends and family attend the dinner and dance?

A: Yes, however it is a \$25 fee for any additional friend or family member over the age of 10, tickets can be purchased at the information table in the lobby of the Gimli Recreation Center on Saturday, by calling the MS Society office or purchasing online no later than Friday, August 11th by 5pm. Tickets can also be purchased online, by visiting the MS Bike Manitoba website.

Q: Where do I store my bike overnight?

A: We store all bikes in a secured compound on the Gimli Recreation Centre grounds that is locked and monitored by 24-hour security. The MS Society is not responsible for any lost or stolen bicycles/items.

Q: Are the grounds wheelchair accessible?

A: Yes, the grounds are wheelchair accessible. However, much of the terrain is grass and gravel.