

# Raise \$500 in 7 days

Reach your fundraising goal by asking your friends and family to support you. Follow these 7 easy steps to raise \$500 towards your fundraising goal.

**MS BIKE**



Make a **personal donation** of \$50.



Ask **3 family members** to match your personal donation of \$50.



Ask **4 friends** to each make a donation of \$25. That's \$100 in one day!



Talk to your employer to **host a \$5 dress down day**. All you need is 10 co-workers to join to raise \$50.



Ask **2 neighbors** for a \$20 donation.



Tell **2 co-workers** about MS Bike and ask for a \$25 donation.



Post on your **social media network** asking at least 4 people to donate \$15 each to receive \$60.\*



**Total \$500**

*\* Download the MS Bike app from the App Store or Google Play to track your fundraising progress and ask for donations on the go!*